

REGISTRATION

Name: _____
Address: _____
City: _____ Postal Code: _____
Evening Phone: _____ Day Phone: _____
Email: _____
Age at Camp: _____ T-Shirt Size (Adult Sizes): S M L XL XXL
High School/Club Team: _____
Health Card #: _____
Medical Problems/Allergies: _____

SESSION (Please Circle) August 2-8 August 9-13

SAVE SAVE—PAY BEFORE MAY 1st SAVE HST

IF PAY BEFORE MAY 1st SAVE THE HARMONIZED SALES TAX

Overnight Camper \$615 Day Camper \$310
(\$585 + 5% GST) (\$295 + 5% GST)

IF PAY ON/AFTER MAY 1st ADD THE HARMONIZED SALES TAX

Overnight Camper \$661 Day Camper \$334
(\$585 + 13% HST) (\$295 + 13% HST)

PAYMENT METHOD

CHEQUE payable to COBA

CREDIT CARDS accepted online only
(NOTE: An **administrative fee** is added to all credit card purchases)

EMAIL MONEY TRANSFER info is available online

Space is limited to 80 Campers Per Session!

Minimum deposit of \$150.00 (Non-Refundable) to secure your registration. Balance due by July 01/10.

Waiver

I hereby authorize the personnel of the 2010 COBA camp to act for me according to their best judgment in any emergency requiring medical attention. I hereby waive and release the camp, its affiliates, all sponsoring and assisting employees and agents from any and all liability for any injuries incurred while at camp.

Parent or Guardian Signature _____

MAIL TO:
Chris Oliver— COBA
1294 Outram Ave, LaSalle, ON N9J 3S1

FOR ONLINE REGISTRATION GO TO
WWW.COBACAMP.COM

ACCOMMODATIONS

Mount Alverno Retreat Centre is located about 1km from the ACTS Facility. Campers will be bused back and forth between the two facilities. The retreat property itself covers over one-hundred acres. The accommodations are set-up as military style dorms with beds and stand up closets situated throughout the open concept rooms. There is a large kitchen area and a rec area with ping pong and foosball tables.



ACTS FACILITY

ACTS is the ultimate athletic complex, and the only sports facility of its kind in Canada. Along with 2 full-size basketball courts are 2 fully equipped weight rooms, a cardio room, a mini-gym, and a store. ACTS also offers a fully enclosed all weather training bubble for all of our athletic development needs. ACTS is situated on 6 acres in the Hockley Valley area, directly on the north side of highway 9, just east of Orangeville, Ontario.



Contact Information

FOR MORE INFORMATION PLEASE CONTACT
Chris Oliver, COBA Director
Phone: 519-253-3000 ext. 4047
Email: cobacamp@hotmail.com
Website: www.cobacamp.com

This camp is open to any boy or girl who is serious about developing their basketball skills.

Players must be 12-18 years of age.

COBA

next level
thinking

COBA 2010

PLAYER DEVELOPMENT BASKETBALL CAMP

Session #1 AUGUST 2-8 Session #2 AUGUST 9-13

ORANGEVILLE, ONTARIO

COBA is committed to offering an environment where fun, learning and competition go hand-in-hand in developing a successful basketball player.

COBA PHILOSOPHY



COBA is committed to providing superior instruction by experienced and enthusiastic coaches and counselors. We pride ourselves as being the most organized, best teaching camp in the country. We

promote a fun and safe environment that encourages positive and purposeful learning experiences. We will focus on the development of individual skills that will aid athletes in competing successfully in a game environment; while building their confidence in a fun and motivating atmosphere. Our campers leave with a better sense of self and a better understanding of what it takes to be successful in basketball and, in turn, every aspect of life. We will address technical, tactical and applied aspects of basketball that will help a player develop their game to the next level.

CAMP COACHES

CAMP DIRECTOR

Chris Oliver, M.ED, B.ED, B.KIN

Head Coach, University of Windsor Men's Basketball
2006-07 Fox 40 Ontario Coach of the Year
2x OUA West Coach of the Year
3 Years Head Coach, Queen's University Men's Basketball
NCCP Level IV Certified Coach
Former Basketball Ontario Provincial Team Head Coach
1996 OFSAA Girls' Gold Medalist, St. Mary's CSS
Guest Speaker and Coaching Clinician throughout Canada and the United States

Coordinators

Jay Johnston, B.A., CSCS, PFLC

Current Strength and Conditioning Coach, University of Windsor
Men's Basketball and University of Western Women's Basketball
Owner/Operator of FIT4Performance Group
NSCA Certified Strength and Conditioning Specialist
Strength and Conditioning Coach, McMaster University (2001-07)

Christie Bray, B.S. Ed. CSCS

Former Carleton University Women's Basketball Head Coach
University of Vermont Assistant Coach NCAA Division 1
Basketball Ontario Player Development Program Coach
Guest Lecturer/ Coach at camps throughout Canada and the US
5 year player, 3 year captain, University of Vermont

Plus other outstanding guest speakers and guest coaches!



NEXT LEVEL THINKING

Our goal is to prepare you for your next level. Your next level may be moving from junior to senior, from bantam to midget, from a regional team to a provincial team or from high school to university. Regardless of what your basketball goals are we will teach technical and tactical basketball-specific skills that will help you in your movement from one level to the next. We run a competitive and physically demanding camp because we feel hard work is one of the key components of future success. Ultimately that's what makes our camp rewarding. We will challenge you to get better by creating an environment where you can have fun, learn and improve.



WHY THIS CAMP?

Better basketball players are developed during the off-season. However, it is common for players to put many hours into training without maximizing their returns. Our camp will help you become a better basketball player by developing and refining your basketball-specific skills and athletic ability.

- We can help you develop and improve your game in the off-season -- the most important time for your individual development!
- The staff and speakers are all former and/or current CIS and NCAA players and coaches who value and understand the importance of your off-season development!
- We focus on developing your individual skills and challenge you to learn and refine skills that will benefit you at the next level.
- We will put you through one of the toughest weeks of workouts you'll ever do!



For More Info Please Visit www.cobacamp.com